



FIGHTER  KICKBOXINGKLUBB



# SCANDINAVIAN OPEN

09-11 October, Norway (Oslo)

**FULLCONTACT – SEMICONTACT – LIGHTCONTACT – MUSICAL FORMS  
OLDER CADETT, JUNIOR AND SENIOR**

## OFFICIAL INVITATION

Fighter Kickboxingclub & Norwegian Kickboxing Federation invites you hereby to international Kickboxing tournament in Oslo, **with international WAKO referee seminar.**

Date: 09-11. October 2009.  
Place: Bjølsenhallen, Moldegt 7. Bjølsen/Oslo, Norway

Admission fee: Entry: 30 €  
Double entry: +10 €  
Open category: 30 €

Registration: **NB! Online registration before 01. October**

<http://kickboxing.no/Dbase/land/index.php>

**User manual for online registration (combat portal) is attached**

Medical test: Not older than 12 months.

Rules: WAKO & NORWEGIAN KICKBOXING FEDERATION

**Referee & judge: Please bring your referees and judges with you (national and international)**

Program: **Friday** Arrivals all teams  
17:00-20:00 Weight control all disciplines Bjølsenhallen, Moldegt 7  
Referee seminar

**Saturday**  
11:00-19:00 Fullcontact junior and senior qualifying matches  
Lightcontact cadet, junior & senior qualifying & finals  
Open category/ team Semicontact / tag team

**Sunday**  
08:00 Weight control fullcontact  
10:00-16:00 Finals fullcontact junior and senior  
Semicontact junior and senior qualifying & finals  
Musical Forms hard style & weapons

**Price:** **Trophy for 1 place, medals for 2 & 3 place**  
**Best fighter senior:** **Fullcontact: men & women 200€**  
**Semicontact: men & women 200€**  
**Musical forms: men & women 100€**  
**Lightcontact: men & women 200€**  
**Semicontact open: men & women 200€**  
**Semicontact Team/Tag: 200€**



FIGHTER



KICKBOXINGKLUBB



**NB! Online registration at: <http://kickboxing.no/Dbase/land/index.php>**

**- User manual for online registration (combat portal) is attached**

**Fullcontact weight categories:**

**Fullcontact juniors (no knockout to the head-according to Norwegian law)**

- Juniors Category: 16 and 17 years old. Meaning from the date he/she turns 16 years and up to the day before he/she turns 18.
- Seniors Category: 18 to 34 years old. Meaning from the date he/she turns 18 years and up to the day before he/she turns 35.

**Semicontact & Lightcontact categories:**

- Older Cadets Category: 13, 14 and 15 years old. Meaning from the date he/she turns 13 years and up to the day he/she turns 16 -Tatami sports only.
- Juniors Category: 16, 17 and 18 years old. Meaning from the date he/she turns 16 years and up to the day he/she turns 19.
- Seniors Category: 18 to 45 years old. Meaning from the date the he/she turns 18 years and up to the day he/she turns 46

**Musical Forms men & women:**

Hard Style with and without weapon  
From the day you turn to 13 until the last day of 50

**Fullcontact men and women**

Full men senior	Full men junior	Full women senior	Full women junior
M-51KG	JM-51KG	W-48KG	JW-48KG
M-54KG	JM-54KG	W-52KG	JW-52KG
M-57KG	JM-57KG	W-56KG	JW-56KG
M-60KG	JM-60KG	W-60KG	JW-60KG
M-63,5KG	JM-63,5KG	W-65KG	JW-65KG
M-67KG	JM-67KG	W-70KG	JW-70KG
M-71KG	JM-71KG	W+70KG	JW+70KG
M-75KG	JM-75KG		
M-81KG	JM-81KG		
M-86KG	JM+81KG		
M-91KG			
M+91KG			

**Musical Forms hard style and weapons men and women**

Hard Style with and without weapons men	Hard Style with and without weapons women	Hard Style with and without weapons men junior	Hard Style with and without weapons women junior
---	---	--	--

**Plays fair, play clean, play true without doping - WAKO Anti-Doping Rules accepted by WADA**



# FIGHTER KICKBOXINGKLUBB



## Semiconcontact and lightcontact

Semi & Light men senior	Semi & Light men older cadett & junior	Semi & Light women senior	Semi & Light women older cadett & junior
M-57KG	CM-42KG	W-50KG	CW-42KG
M-63KG	CM-47KG	W-55KG	CW-46KG
M-69KG	CM-52KG	W-60KG	CW-50KG
M-74KG	CM-57KG	W-65KG	CW-55KG
M-79KG	CM-63KG	W+65KG	CW-60Kg
M-84KG	CM-69KG		CW-65KG
M-89KG	CM+69KG		CW+65KG
M+89KG	JM-57KG		JW-50KG
	JM-63KG		JW-55KG
	JM-69KG		JW-60KG
	JM-74KG		JW-65KG
	JM-79KG		JW+65KG
	JM+79KG		

**Accommodations please book your hotel in good time, contact direct the hotel for booking:**

### Radisson Blue Hotel Nydalen (800 meters distance from arena)

Nydalsveien 33, Nydalen, 0422 Oslo  
 Phone: +47 23 26 30 00  
 Fax: +47 23 26 30 01  
 E-mail: [sales.nydalen.oslo@radissonas.com](mailto:sales.nydalen.oslo@radissonas.com)  
 Homepage: [www.nydalen.oslo.radissonblu.com](http://www.nydalen.oslo.radissonblu.com)  
 Ref: **Scandinavian Open**

### Anker Hostel (2km distance from arena, room prices about 25 Euro per person)

Storgata 55  
 N-0182 Oslo, Norway  
 Postboks 4674 Sofienberg  
 N-0506 Oslo, Norway  
 Phone: + 47 22 99 72 00  
 Booking: + 47 22 99 72 10  
 Fax: + 47 22 99 72 20  
 Email: [hostel@anker.oslo.no](mailto:hostel@anker.oslo.no)  
 Homepage: <http://www.ankerhostel.no>

### Rica Helsefyr Hotell (2km distance from arena)

Strømsveien 108NO-0663 Oslo  
 Phone: +47 23 06 78 78  
 Fax: +47 23 06 78 80  
 E-mail: [rica.helsefyr.hotel@rica.no](mailto:rica.helsefyr.hotel@rica.no)  
 Homepage: <http://www.rica-hotels.com/Hotels/Rica-Helsefyr-Hotel/>  
 Ref nr: **5175020**

### Information:

Fighter Kickboxingklubb  
 Mr. Daimi Akin  
 Promoter  
[daimi@fighter.org](mailto:daimi@fighter.org)  
 +47 9051 8861

Norwegian Kickboxing Federation  
 Miss. Beate Irene Haugenes  
 Secretary General  
[beate.irene.haugenes@nif.idrett.no](mailto:beate.irene.haugenes@nif.idrett.no)  
 +47 9268 7834

Questions about online registration  
 Mr. Ole Oddvar Wiik  
 Vice President & Webmaster  
[webmaster@kickboxing.no](mailto:webmaster@kickboxing.no)  
 +47 900 23 358