

WAKO C Class Event

„Silver Griffin Cup 2020”
(Creative Forms, Kick-Light, Full, K-1)



Latvian Kickboxing Federation & Sports Society „SEDNA”

in cooperation with

Sports Department of the Ministry of Education and Science of LR,
Council of Latvian Sports Federations,
Rezekne City Council and Sports Department of the Rezekne City

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Rezekne, Latvia 11-13.09.2020

City of seven hills, Heart of Latgale

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Event Regulation

Event Date	11-13th September 2020
Invitation	Latvian Kickboxing Federation invites all martial art representatives to participate in Latvia C Class Event “Eastern Europe Kickboxing Cup - Silver Griffin Cup 2020”, which will be held on 11-13th September 2020 at Rezekne, “Rēzeknes pilsētas domes “Sporta pārvaldes sporta komplekss”, 18. Novembra iela 39, LV 4601. The championship is organized by Latvian Kickboxing Federation and sports society “SEDNA” in cooperation with the Sport Department of the Ministry of Education and Science of LR, Council of Latvian Sports Federations, Rezekne City Council and Sports Department of the Rezekne City. Mobile Phone Nr.: +371 29100 236, info@wakolat.lv
Chief Referees	Jurijs Bratčenko Mobile Phone Nr.: +371 26167552
Schedule	<p><u>11th of September, 2020</u></p> <p><i>Registration and weighting:</i> From 13:00 – 16:00</p> <p><i>Referee and coach seminar:</i> From 17:00 – 18:00</p> <p><i>Drawing:</i> From 20:00 – 21:00</p> <p><u>12th of September, 2020</u></p> <p><i>Preliminary rounds (fights)</i> From 10:00 – 13:00</p> <p><i>Open Ceremony:</i> From 13:00 – 13:30</p> <p><i>Break:</i> From 13:30 – 14:00</p> <p><i>Preliminary fights:</i> From 14:00 – 16:00</p> <p><i>Referee and coach seminar:</i> From 16:30 – 17:30</p> <p><u>13th of September, 2020</u></p> <p><i>Final fights</i> From 10:00 - 15:00</p> <p><i>* Awarding ceremony will open from 13:00</i></p>
Rules	The championship is an official Eastern Europe Open WAKO cup. The championship will help to use WAKO rules. On preliminary agreement with the organizing committee, judges from counties-participants are welcome, please note WAKO rules for judges.
Medical service	Championship organizer is responsible for providing medical service to official championship participants during the championship (in accordance with their health insurance). Each participant must have health insurance, a valid identity document (with photo), and a medical certificate, signed by a doctor. In case of need, sportsmen will be able to undergo medical checks during the registration for an additional fee (5 EUR). All participants, who do not have health insurance and a medical certificate, will not be allowed to compete!
Medals and awarding	Winners of 1st place will be awarded a medal, diploma and commemorative prize, 2nd and 3rd places – diploma and medal. Teams will be awarded championship cups!
Equipment	All participants must have their own protective gear and uniform according to WAKO rules http://www.wakoweb.com

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Flags	All international teams must submit their national flag during the registration.
Participation fee	20 EUR (twenty euro) for each participant in each discipline
Hotel	<p>The organizing committee is offering assistance in accommodation:</p> <ul style="list-style-type: none"> • Robežsardzes koledža. (places 70, price 7 EUR per night without breakfast) • Hostels (from 12 to 16 EUR per night without breakfast) • other accommodation from 25 to 40 EUR with breakfast (Hotel Kolonna, Hotel Latgale, Hotel Restart, Hotel Ludza). <p>Applications for accommodation must be submitted before the 3rd of September 2020.</p> <p>Each team organization is responsible for all expenses carried by the team (starting fee, accommodation, transportation, meals, etc.).</p>
Application and registration rules	<ul style="list-style-type: none"> • All applications submitted after the deadline are subject to an additional fee in the amount of one participant (25 EUR). • Late registration is subject to an additional fee of 5 EUR per participant. • The weight fails subject to an additional fee for a specific participant for 10 euros. • A team that does not provide a judge (of any category, also internship students) is subject to an additional team fee of 25 euros.
Application deadline: 3rd of September 2020	
Application forms:	<p>Applications can be submitted by e-mails: info@wakolat.lv Mobile phone number.: +371 26359633</p>

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Disciplines and rules (WAKO Creative Forms)

MUSIC: Creative Forms Competitors cannot use Music of any sort, ALL FORMS will be performed WITHOUT MUSIC

AGE: For Creative forms competition, the allowed age groups are:

- CHILDREN 7 - 8 - 9-year old (Boys and Girls)
- YOUNGER CADETS 10 - 11, 12-13 year old (Boys and Girls)
- OLDER CADETS 14 - 15-year old (Boys and Girls)
- JUNIORS 16 - 18-year old (Men and Women)
- SENIORS 19 + year old (Men and Women)

All for Boys, Girls, Ladies & Men will be separated Art. 4. AGE CATEGORY SPECIFICATIONS: Age divisions will be determined in the following manner at All WAKO Championships: A competitor will be placed in an age division according to their Date of Birth.

DIVISIONS: In Creative Forms competitions there are 10 divisions

- **Men, Women:** Creative Open Hand, Creative Weapons, Open Hand, Weapons and Teams
- **Boys and Girls:** Open Hand, Weapons and Teams



* WAKO Rules Creative Forms

<http://www.wakoweb.com/en/doc/1157/559c12e2c8ea411cb02226990ff24609/download/>

Confirmed by WAKO LATVIA - LKF Executive Council

Nikolajs Pusnakovs, President, LKF - WAKO LATVIA

Darja Strutinska, General Secretary, LKF - WAKO LATVIA

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Disciplines and rules (Kick-Light)

WAKO KICK-LIGHT															
Small Children *		Children *		Younger Cadets *		Older Cadets		Younger Juniors		Juniors		Seniors		Veterans	
Years 6-7		8-9		10-11		12-13		14-15		16-18		19-40		41-45	
Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Male	Female	Male	Female	Male	Female	Male	Female
KL-SCB-67	KL-SCG-67	KL-CB-89	KL-CG-89	KL-YCB-1011	KL-YCG-1011	KL-OCB-1213	KL-OCG-1213	KL-YJM-1415	KL-YJF-1415	KL-JM-1618	KL-JF-1618	KL-SM-1940	KL-SF-1940	KL-VM-41-45	KL-VF-41-45
-23	-23	-23	-23	-28	-28			-42	-42	-52	-50	-52	-50	-63	-55
-26	-26	-26	-26	-32	-32			-47	-46	-57	-55	-57	-55	-74	-65
-29	-29	-29	-29	-37	-37	-42	-42	-52	-50	-63	-60	-63	-60	-84	+65
-32	-32	-32	-32	-42	-42	-47	-46	-57	-55	-69	-65	-69	-65	-94	
-37	-37	-37	-37	-47	-47	-52	-50	-63	-60	-74	-70	-74	-70	+94	
+37	+37	+37	+37	+47	+47	-57	-55	-69	-65	-79	+70	-79	+70		
						-63	-60	+69	+65	-84		-84			
						-69	-65			+84		-89			
						+69	+65					-94			
												+94			

WAKO rules tatami sports, Kick-Light rules
<http://www.wakoweb.com/en/doc/1011/335a881ed7aa4315b53e1ed2b6a8d023/download/>
<http://www.wakoweb.com/en/doc/13/811e0f0bc3ae460ba810a5f86bfade49/download/>

** Participation in categories (small Children, Children, Younger Cadets) in the WAKO kick-light section must be confirmed and signed by the coach or parent in additional agreement at the registration time.*

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Darja Strutinska, General Secretary, LKF - WAKO LATVIA




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Disciplines and rules (FULL & K-1)

WAKO FULL/K-1							
Older Cadets		Younger Juniors		Juniors		Seniors	
Years 13-14 (with a coach and parent legal agreement)		15-16		17-18		19-40	
Boys	Girls	Male	Female	Male	Female	Male	Female
FC-OCB-12-13 K1-OCB-12-13	FC-OCG-12-13 K1-OCG-12-13	FC-YJM-14-15 K1-YJM-14-15	FC-YJF-14-15 K1-YJF-14-15	FC-JM-16-18 K1-JM-16-18	FC-JF-16-18 K1-JF-16-18	FC-SM-19-40 K1-SM-19-40	FC-SF-19-40 K1-SF-19-40
-42	-42	-42	-40	-51	-48	-51	-48
-45	-46	-45	-44	-54	-52	-54	-52
-48	-50	-48	-48	-57	-56	-57	-56
-51		-51	-52	-60	-60	-60	-60
-54		-54	-56	-63.5	-65	-63.5	-65
-57		-57	-60	-67	+65	-67	+65
-60		-60	+60	-71		-71	
-63.5		-63.5		-75		-75	
-67		-67		-81		-81	
		-71		-86		-86	
		-75				-91	
		-81				+91	
		+81					
<u>WAKO rules ring sports, Wako FULL, WAKO K-1</u> http://www.wakoweb.com/en/doc/1001/4d28bdc6b35a431f8ac96fa0c526c9c0/download/ http://www.wakoweb.com/en/doc/1002/de7b5d03426b40a3bd875b37c2b84504/download/ http://www.wakoweb.com/en/doc/1004/8d599c4cbe144af699d21471c4a70e9a/download/							

** Participation in categories (small Children, Children, Younger Cadets) in the WAKO FULL/K-1 disciplines must be confirmed and signed by the coach or parent in additional agreement at the registration time.*

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